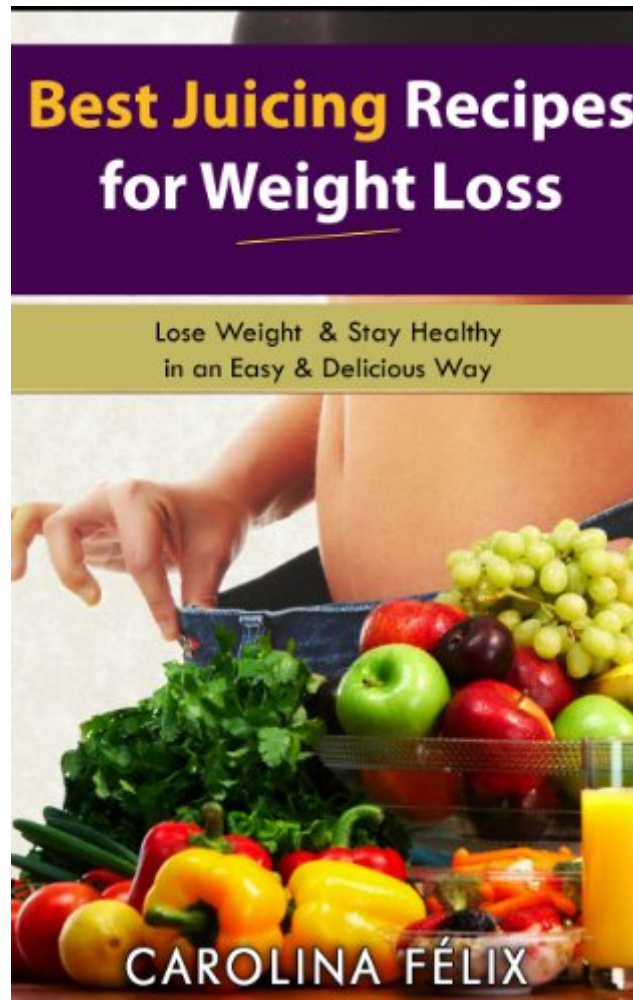




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Best Juicing Recipes For Health And Weight Loss



Synopsis

Are you looking to lose weight and detox in a healthy way? Nature has given us many blessings, within these the possibility of rehabilitating our body with the help of certain plants and fruits with medicinal and magical power. In this book we explain More than 20 recipes for juices and diet drinks to live healthier and happier. Beyond explaining the details of each recipe, we have provided full knowledge of how each of these vegetables and fruits benefit your health. This book will give you access to recipes such as: Healing juices Magic juices Miracle Drinks Fat Burning Juice Drink. Natural Remedy Against Cancer. Juicing for weight loss If you start each day with a glass of one of the Best Juices for Weight Loss and Staying Healthy, you will become slimmer and sexier and your life a lot healthier and happier. Just download the book now and get started!

Book Information

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Customer Reviews

Maybe because I've been 'juicing' for awhile, but not so impressed with the recipes. Didn't really come up with any new ideas, but this would be good for beginners.

Enjoyed it!

I have juiced in the past and found some of the recipes to be familiar. I haven't tried them, but will report when I do. However, the book (not free to me...\$2.99) is terribly written and you have to parse sentences numerous times to begin to understand the intent. But, for \$2.99...big deal. Also, at least two of the 5-star ratings here are exactly the same and one of them seems to be written in the same broken English as the book which makes me believe the author is padding up her ratings by deceit. I have reported this to .

these recipes were great! very easy to follow, healthy and tasty. i would recommend anyone i know to read it and give juicing a good start.

I couldn't believe it when I found this for free. What a great deal. juicing for life recipes I have tested several of these recipes and just loved them. It is best early in the morning, delicious and have helped me get my blood parameters back to normal.

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